



The school's goal is to support each student in their "Steps to Success" which is based on the skills students develop as you participate in our instructional program. At this time, our Resource Centers are closed, but our commitment to supporting these goals for you has not stopped. In fact, we are confident that our distance-learning program will support your continued progress in each Step to Success. Here is our recommendation for your role learning during COVID-19 school closure:

**Motivated and Self-Disciplined: Set Goals, Create a Schedule, Limit Distractions**

Collaborate with your teacher to help you create a daily schedule based on your goals. Setting goals is important as they give us guidance on where to put our energy and efforts. Goals also help us focus on what we can control. Based on your goals, you can create a daily schedule of tasks to achieve them. The daily schedule also sets a routine that promotes positive habits. Students will become distracted from schoolwork when they have access to their phones, televisions, and gaming equipment. Wait until your schoolwork is done to access non-educational devices.

**Productive and Advancing: Communicate and Participate**

Your teacher is your partner in your Pathways Personalized Education Plan (PPEP) for distance learning. Your teacher will facilitate instructional sessions virtually and/or telephonically. The teacher will assign curriculum lessons for you to complete. Each week, the teacher will keep you updated on your progress and reach out to meet your family's needs during this time. It is important that you communicate with your teacher each day to get help on your lessons and discuss progress towards your goals.

**Academically Competent: Actively Engage in Learning**

Work with your teacher on any planning materials or technology materials that you need in order to actively engage in distance learning. Take notes on assigned reading and instructional videos. Use the video conferencing features to ask questions, leave comments, and dialogue during instructional sessions. Set up additional tutoring sessions with your teacher during their office hours.

**Socially Competent and Workplace Ready: Use Positive Coping Strategies and Connect**

Take care of your-self by making good decisions about your sleep habits, eating habits, exercise, and stress relief. You will function best if you have planned snack and meal times, exercise breaks, fresh air activities, and creative time scheduled within each day. Schedule time to do things that help you feel good about yourself. Take time to connect with friends and family members. Your teacher can connect you with our School Nurse or School Social Worker if you need any support with your self-care.

**Self-Sufficient and Contributing Citizen: Prepare and Contribute**

Use technology as tools for learning, engaging positively in the world, and contributing to your skill development. This is a great opportunity to learn new skills and engage in learning in new and fun ways. You have an opportunity to work in an environment that will foster your independence. Using new technology tools takes preparation. Work with your teacher to create a learning plan for new websites, apps, and video conferencing.

<b>Daily School Schedule: Example</b>	
<b>Time</b>	<b>Activity</b>
<b>8:00-9:00</b>	<b>Wake up, eat breakfast</b>
<b>9:00-9:30</b>	<b>Organize study materials and log into Edgenuity</b>
<b>9:30-10:30</b>	<b>Complete 3 activities and take notes on instruction</b>
<b>10:30-10:45</b>	<b>Take a snack and stretch break</b>
<b>10:45-11:45</b>	<b>Complete 3 activities and take notes on instruction</b>
<b>11:45-12:15</b>	<b>Participate in virtual lesson with teacher</b>
<b>12:15-12:45</b>	<b>Take a lunch break</b>
<b>12:45-1:45</b>	<b>Complete 3 activities and take notes on instruction</b>
<b>1:45-2:00</b>	<b>Email or text your teacher-share progress, ask questions</b>
<b>2:00-3:00</b>	<b>Fresh Air &amp; Physical Activity: Move your body</b>
<b>3:00-4:00</b>	<b>Creative Activity: Listen to Music, Paint, Draw, Journal</b>