

COLLEGE DUAL ENROLLMENT: *Course Recommendations for Coastline College*

COUNSELING

COUN C104 - Career and Life Planning **3 Units**
Transfer Credit: CSU; UC.

Satisfies Pathway Exhibition + 1 High School Elective or CTE Course

This is an introductory career and life planning course that includes an exploration of interests, skills, values, personality traits, past experiences, and life stages. Students will develop a career/life plan using gathered self-information, decision-making strategies and an awareness of psychological, sociological, and physiological factors related to career/life satisfaction. Topics will include labor market trends, major choices, cover letter and resume creation, interviewing skills, and job search strategies.

COUN C105 - Strategies for College Success **3 Units**
Transfer Credit: CSU; UC.

Satisfies Pathway Exhibition + 1 High School Elective or CTE Course

This course is designed to integrate personal growth, critical and creative thinking, problem-solving and academic and career success. Topics include orientation to higher education, resources, educational planning, academic integrity, study techniques, learning strategies, mindset, and personal development.

COUN C108 - Applied Stress Management **3 Units**
Transfer Credit: CSU

Satisfies Pathway Exhibition + 1 High School Elective or CTE Course

This course introduces the basic principles and theories of holistic stress management. It explores the mind-body relationship (the psychophysiology) of stress; stressors typically experienced during an individual's college, family and working life; coping skills; and interventions. Students will learn cognitive strategies and relaxation techniques that may be applied to help manage daily life stressors in a healthy and productive manner. Topics include: the effects of the stress response, the identification of personal stress levels and the understanding of the importance of personal responsibility for health. Students will develop a personalized stress management plan.

GOVERNMENT

PSCI C180 - American Government **3 Units**
Transfer Credit: CSU; UC.

Satisfies High School Government + 1 High School Elective Course

An introduction to the principles and problems of government, with particular attention to the American political system at all levels. Emphasis is on the human factor in politics and the realities of government at work. This course satisfies the state college requirement on the Constitution of the United States and California state and local government.

ETHNIC STUDIES

ANTH C175 - Global Perspectives of Food and Culture
3 Units

Transfer Credit: CSU; UC.

Satisfies 2 High School Elective Courses

This course uses anthropological concepts to examine the social, cultural, and ecological aspects of food, food production, material culture of food, and food resources in a global, historical, and comparative perspective. Examines how food choices affect personal health, lifestyle, environment, and the wider human society.

HIST C115 - Latin American History and Culture
3 Units

Transfer Credit: CSU; UC.

Satisfies 2 High School Elective Courses

This introductory course in Latin American history covers the Caribbean, Central America, and South America from pre-Columbian times to the present. It emphasizes the development of the cultures, social institutions, political forms, and economic structures of this region, including the complex interactions between Native-American, African, and European societies and the significance of international political and economic connections.



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HIST C122 - Chicano History

3 Units

Transfer Credit: CSU; UC.

Satisfies 2 High School Elective Courses

This introductory course explores the role played by peoples of Mexican heritage in the development of the United States with a particular focus upon the Southwest. This class will evaluate the significance of Mexican/Latino culture, the status of Chicanos as a minority group within the U.S. society, and the struggles for civil rights.

SOC C233 - Racial and Ethnic Relations in America

3 Units

Transfer Credit: CSU.

Satisfies 2 High School Elective Courses

Sociological analysis of race, ethnicity, and racism. Examines the cultural, political, and economic practices and institutions that support or challenge racism and racial and ethnic inequalities as well as historical and contemporary patterns of interaction between various racial and ethnic groups.

WORLD LANGUAGE

JAPN C180 - Elementary Japanese 1

5 Units

Transfer Credit: CSU; UC.

Satisfies 4 High School World Language Courses

This course is designed to develop the student's fundamental ability to both comprehend and converse in daily spoken Japanese. Early reading and writing skills are introduced as well as Japanese customs and culture.

SPAN C180 - Elementary Spanish 1

5 Units

Advisory: Students who have completed two years of high school Spanish with a grade of "C" or better should enroll in SPAN C185.

Transfer Credit: CSU; UC.

Satisfies 4 High School World Language Courses

This course is designed to develop the student's fundamental ability both to comprehend and converse in daily spoken Spanish. Early reading and writing skills are introduced as well as the customs and culture of the Spanish-speaking world.

ART & MUSIC

ART C105 - Introduction To Art

3 Units

Transfer Credit: CSU; UC.

Satisfies 2 High School VAPA Courses

This course provides an introduction to art from prehistoric times to the present, methodologies of art history and art criticism. While examining the role that the visual arts play in the historical development of world cultures, the student will study a wide variety of artistic media such as architecture, painting, drawing, sculpture, graphic design, and photography. This course will also examine the visual elements such as line, color and texture, and explore the principles of design such as unity and balance to discover how they communicate ideas.

MUS C100 - History and Appreciation of Music

3 Units

Transfer Credit: CSU; UC.

Satisfies 2 High School VAPA Courses

Study of major genres, forms, styles, and historical periods in music since the Middle Ages. Emphasis on listening techniques, appreciation of classical and popular music, and recognition of styles, composers, and periods.

MUS C139 - History of Rock Music

3 Units

Transfer Credit: CSU; UC.

Satisfies 2 High School VAPA Courses

Formerly MUS C105. An overview of the social and musical characteristics of music in the Rock and Roll era. 1950's through the present, with emphasis on its impact on American culture today. Multimedia selections will be used.



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CAREER TECHNICAL EDUCATION

BUS C150 - Introduction to Marketing **3 Units**
Transfer Credit: CSU

Satisfies 2 High School CTE Courses

Introduction to Marketing provides a practical introduction to contemporary marketing principles as applied in an increasingly Internet-driven marketplace. Topics include analyzing market characteristics, evaluating product and service strategies, and building strategic marketing plans.

CST C104 - IT Fundamentals **3 Units**
Advisory: CIS C113.

Transfer Credit: CSU.

Satisfies 2 High School CTE Courses

This course will cover the topics of the IT Fundamentals certification exam, which validates the knowledge and skills required to identify and explain the basics of computing, IT infrastructure, software development, and database use. In addition, candidates will demonstrate their knowledge to install software, establish basic network connectivity, and identify/prevent basic security risks. Technologies and trends of the IT industry will be covered to reinforce current best practices.

CIS C157 - Intro to Python Programming **3 Units**
Transfer Credit: CSU

Satisfies 2 High School CTE Courses

Offers an overview of the Python programming language for students without prior programming experience. Variables, expressions, functions, looping, and flow control pertaining to Python is taught through hands-on exercises and guided demonstrations by the instructor.

CYBR C101 - Intro to Cybersecurity **3 Units**
Transfer Credit: CSU

Satisfies 2 High School CTE Courses

This course introduces the foundational concepts of cybersecurity, including social engineering, cybersecurity resilience, and cyber threats. The principles and structure of confidentiality, integrity, and availability are surveyed to provide a foundation for further study of cybersecurity. This course covers data privacy and security, system

security, and personal security factors to examine the nature and roles of organizational security policies and risk management processes. Suitable for majors and non-majors interested in cybersecurity tools, techniques, and practices. Security exercises help students develop skills to prepare for careers such as Information Security Analyst, Cyber Crime Analyst, and Incident and Intrusion Analyst.

DGA C118A - Introduction to Adobe Illustrator **3 Units**

Transfer Credit: CSU.

Satisfies 2 High School CTE Courses

Learn to master the basics of Adobe Illustrator using appropriate tools or filters for illustrations; applying strokes and color fills; creating and editing paths; using layers, transformation effects, and gradients; working with images; and creating basic object shapes. No artistic background is required.

LAW C100 - Introduction to Paralegal Studies **3 Units**
Transfer Credit: CSU.

Satisfies 2 High School CTE Courses

Introductory course covering the relationship between paralegals, attorneys and clients. Topics include structure of the profession, federal and state court systems, ethical standards, legal terminology, investigation techniques, research, case and statute analysis, overview of legal practice areas, and communication.



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COURSES UNDER 3 UNITS

KIN C101 – Personal Fitness and Wellness **1 Unit**
Transfer Credit: CSU; UC.

Satisfies 1 High School PE or CTE Course

Individualized program of exercise, fitness, stress control, and body weight control to improve muscle strength, endurance, flexibility, and overall physical fitness to achieve and maintain a healthy lifestyle.

ACCT C106 – Excel for Accounting **2 Units**
Transfer Credit: CSU

Satisfies 1 High School CTE Course

This course includes a detailed study of accounting using Excel spreadsheet software. Topics include the use of functions and formulas in Excel with emphasis on accounting as a financial analysis tool. Students are expected to have a working knowledge of Windows.

ACCT C107 – Accounting with Quickbooks **2 Units**
Transfer Credit: CSU

Satisfies 1 High School CTE Course

QuickBooks is a complete computerized accounting system for small businesses. Topics include a review of basic accounting concepts, preparation of business reports and graphs, and the creation of a company using QuickBooks accounting. Covers creation and operation of a detailed accounting system for new and existing businesses.

EDUC C104 – Intro to Teaching and Learning **1 Unit**
Transfer Credit: CSU; UC.

Satisfies 1 High School CTE Course

The course will address the qualities of an effective teacher, components and purposes of an effective professional portfolio, and critical issues in diverse contemporary classrooms. Students will initiate the development of a reflective practitioner workbook, begin their electronic professional portfolio, and learn about their own learning needs and styles. In addition to class time, this course requires ten hours of arranged fieldwork in public school classrooms that represent California's diverse student population and includes cooperation with at least one campus-approved certificated classroom teacher.

LAW C115 – Criminal Litigation **1.5 Units**

Transfer Credit: CSU

Satisfies 1 High School CTE Course

The criminal court system and litigation in criminal cases, constitutional law, criminal law, criminal procedure; including investigation, prosecution, defenses, discovery, motions, trial preparation, and appeal in criminal cases.

LAW C130 – Law Office Management **1.5 Units**
Transfer Credit: CSU

Satisfies 1 High School CTE Course

A study of the systems and procedures for management and administration of legal entities, including structure and decision process, delegation, personnel selection, job descriptions, office policies, file systems, calendar systems, records management, new matters and client conflicts, facilities, communication, technology, billing systems, risk management, ethics, and paralegal employment.

To view the current class schedule, visit

<https://www.coastline.edu/academics/class-schedules.php> and click on the term you're interested in.

ABOUT

College Dual Enrollment Program at Altus Schools

The Altus College Dual Enrollment Program provides opportunities for Altus School's

high school students to take college courses for college credit while completing high school coursework. College Courses may be taken on a college campus or online.

Interested?

Talk with your teacher, today!

